

CERT CONNECT



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- ✓ KNOW YOUR ZONE

FEBRUARY IS FIRST AID READY!

CPR saves lives. Statistics show that the earlier CPR is initiated, the greater the chances of survival. In fact, the American Heart Association estimates that 100,000 to 200,000 lives of adults and children could be saved each year if CPR were performed early enough.

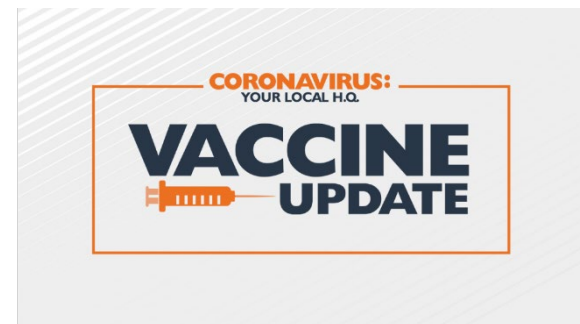


COVID VACCINATIONS

Want to be notified of vaccination updates in San Mateo County?

Fill out this contact form to be added to our distribution list and receive updates about the County's vaccine distribution roll out.

<http://bit.ly/3qd8HrO>



LOCAL COVID REPORT

<https://bit.ly/3nKNBPo>





TRAINING

CERT members are encouraged to keep learning and seeking out classes that will strengthen their skills.

**BE RESPONSIBLE!
BE READY!**



Winter Weather Safety Tips

Help keep you and your family safe with these winter weather tips.

<https://www.ready.gov/winter-weather>



FEMA

Webinar Series: *Resolve to be Ready: 10 Steps to Preparedness!*

Subject matter experts from each of FEMA's 10 Regions will co-host 10 webinars in 10 weeks, featuring 10 steps to prepare in the new year. The topics range from how to make an emergency kit to preparing for and lowering the impact of COVID-19 on college campuses.

Next one on Wednesday, February 24, the series will run through March 17. Most of the webinars will start at 9:00 AM and will be recorded. Links to the recorded sessions will be available to the public via FEMA's

[Click Here for More Information](#)

Menlo Fire CERT

Website Completely Updated.

Please take a moment to sign-up on our new website to receive alerts and information.

We are still in the process of building it out and incorporating new and updated content.

menlofirecert.com



Only 10 Seats Left!

FIRST AID TRAINING

Since we still cannot provide our traditional in person training, we are experimenting with online training. For our first effort we have contracted with Health and Safety Institute (HSI) that offers online Basic First Aid training. Because we cannot provide a way to conduct the hands-on skills evaluation, you will not get an "official" First Aid card.

This is a good opportunity if you want a refresher on the first aid training you got during your CERT Basic training.

[Sign Up Here](#)





VOLUNTEER OPPORTUNITIES

Listos California Social Bridging Project

The Listos California Emergency Preparedness campaign launched a Social Bridging Project earlier this year. Originally, this project was designed to use CERT volunteers and AmeriCorps members to call vulnerable Californians and conduct a wellness check during the COVID19 Stay at Home orders. Recently the project has expanded to provide disaster preparedness calls. You can find more information here:

<https://www.listoscalifornia.org/community-projects/social-bridging-project/>



CERT Volunteers can sign up for the Social Bridging project here:

<https://secure.everyaction.com/GUS6wg1ymEuiQrmz57eVMQ2>

California Volunteers- <https://bit.ly/2QoyPQ9>

County of San Mateo: <https://bit.ly/2EqplRQ>

American Red Cross: <https://rdcrss.org/34yo9qj>



Local Community Based Emergency Preparedness Organizations

Did you know that our communities are also served by three volunteer community based emergency preparedness organizations? Take a minute to review their website and consider joining in their efforts help our community get prepared.

Atherton – A.D.A.P.T. <https://www.getreadyatherton.org/>

East Palo Alto – rEPAct <https://repact.org/>

Menlo Park – MPCReady <https://www.mpcready.org/>



Be prepared for the next disaster.

myzone.zonehaven.com



KNOW YOUR
ZONE

Do You Know Your Zone?

San Mateo County and its public safety partners are launching a “Know Your Zone” campaign to help county residents and businesses be better prepared for the next evacuation or emergency.

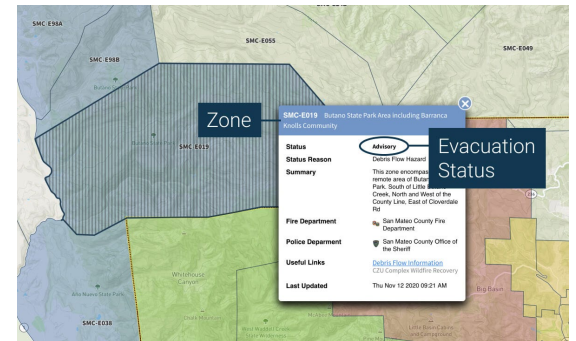
Residents simply enter their address into [an interactive map](#) developed by Zonehaven showing all 300+ San Mateo County evacuation zones. Residents should record their zone number and review zone details before the next emergency to be better informed and able to quickly map their best path to safety.

In the event of an emergency, first responders will use Zonehaven to plan and execute evacuations both large and small. Public safety officials will update the community with zone-specific information on the map including up-to-date evacuation status, live incident updates, and relevant resources such as shelter options.

What Are Evacuation Zones?

In the event of a wildfire or an emergency situation, law enforcement and fire agencies issue evacuation warnings or evacuation orders for impacted areas. These notices are issued for a Zone with an evacuation Status.

You can find more information on Evacuation Zones using this [link](#).



Zonehaven Video

https://www.youtube.com/watch?v=P3pXJ9NKEfc&feature=emb_logo

